

# London Centre of Self-Realization Fellowship

## CONVOCATION PROGRAM

London: 12-16 July, 2024



With great joy, we welcome Sister Anjali & Sister Bhagavati to SRF London Centre.

### Schedule of events:

#### Friday, July 12

7:00 – 9:00 p.m. Meditation with Kirtan, Sister Anjali

#### Saturday, July 13

10:00 – 2:00 p.m. Group Outing (Regent's Park) with Sister Anjali and Sister Bhagavati

5:00 – 6:00 p.m. Satsanga with Young Adults, Sister Anjali and Sister Bhagavati

6:00 – 7:00 p.m. Social with Young Adults, Sister Anjali and Sister Bhagavati

#### Sunday, July 14

09:00 – 10:30 a.m. Energization Exercises and Meditation, Sister Anjali

11:00 – 12:00 noon Sunday Service, Sister Bhagavati

12:30 – 2:00 p.m. Indian Lunch

2:30 – 4:00 p.m. Walk in Regent's Park with Sister Anjali and Sister Bhagavati

5:00 – 6:30 p.m. Introductory Welcome and Meditation, Sister Anjali and Sister Bhagavati

#### Monday, July 15

09:00 – 10:30 a.m. Energization Exercises and Meditation, Sister Bhagavati

11:00 – 12:00 noon "Allowing Joy to Be Part of Our Everyday Lives," Brother Kamalananda (video)

12:00 – 1:00 p.m. Lunch (Please bring packed lunch)

4:00 – 7:00 p.m. Meditation with Kirtan, SRF Nuns' Kirtan Group (video)

#### Tuesday, July 16

09:00 – 10:30 a.m. Energization Exercises and Meditation, Sister Anjali

11:00 – 12:00 noon "Using the Mirror of Introspection for All-Round Success," Brother Satyananda (video)

12:00 – 1:00 p.m. Lunch (Please bring packed lunch)

4:30 – 5:15 p.m. Satsanga with Sister Anjali and Sister Bhagavati

6:00 – 7:30 p.m. Closing and Meditation, Sister Bhagavati and Sister Anjali

7:30 – 8:30 p.m. Social with light refreshments.

For further information please contact:

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